



# Pre-Marital Counseling

*A service of Crossroads Counseling Center, a ministry of  
Chatham Presbyterian Church*

*Ecclesiastes 4:9-12*

*“Two people are better than one, because they get more done by working together. If one falls down, the other can help him up. But it is bad for the person who is alone and falls, because no one is there to help. If two lie down together, they will be warm, but a person alone will not be warm. An enemy might defeat one person, but two people together can defend themselves; a rope that is woven of three strings is hard to break.”*

## “BUILDING A FIRM FOUNDATION”

*\* Premarital Counseling will include four 55-minute counseling sessions*

*\* Minimum Suggested Donation: \$45.00 per session, payable to  
Chatham Presbyterian Church*



## Prepare & Enrich

(There is a \$30 fee to take this on-line assessment. The fee will be subtracted from the cost of your counseling premarital sessions.)

PREPARE/ENRICH is a customized couple assessment completed online that identifies a couple's strength and growth areas. It is one of the most widely used Programs for premarital counseling and premarital education. Based on a couple's assessment results, a trained facilitator provides 4-8 feedback sessions in which the facilitator helps the couple discuss and understand their relationship strengths and areas of development.

### Other areas of discussion & education:

- >Expectations, Values, Priorities
  - >Communication
- >Differences between men & women, Waffles & Spaghetti
  - >Love Languages
  - >What is commitment?
- >Conflict Resolution & Forgiveness
  - >Love & Respect
- >The Weekend Marriage
  - >Inlaws & Outlaws
- >Including God in your relationship (1+1=3)
  - >Sexuality
  - >Children
- >When to ask for help

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